

Neuro-Ophthalmology

**TROCHLEAR HEADACHE IN A TERTIARY REFERRAL HOSPITAL: A
RETROSPECTIVE CASE SERIES STUDY**

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PURPOSE: To describe clinical manifestations, diagnosis criteria and treatment of patients diagnosed with trochlear headache in the last 10 years in a tertiary referral hospital.

METHODS: Retrospective case series.

Clinical data were extracted from electronic medical records and reviewed by a third year trainee in ophthalmology. Criteria for eligibility included correct description of symptoms using the the International Classification of Headache Disorders - 3 (ICHD-3) and description of pain using Visual Analogue Scale (VAS).

Following up included in person or remote consultation.

RESULTS: Less than half of patients reviewed had a diagnosis following ICHD-3 criteria. In all the eligible cases, symptoms required only oral NSAIDs to resolve.

Conclusions: There is no extended knowledge about the diagnostic criteria of this entity. Symptoms can improve with NSAIDs and remote consultation is enough for following up.

Financial Disclosure: No